

## HEALTH & HUMAN SERVICES DEPARTMENT

## Office of the Director

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Hon. Eddie A. Perez, Mayor

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## MEDIA AND COMMUNITY ADVISORY Health & Human Services Department Announces Flu Clinic

Mayor Eddie Perez is pleased to announce the City of Hartford Health and Human Services Department, in partnership with Hartford Hospital, will sponsor a public flu clinic for adults (18 years of age and older).

DATE: Friday, November 18<sup>th</sup>

TIME: From 12:00 p.m. to 6:00 p.m.

**LOCATION:** Hartford Hospital's Educational Resource Center 560 Hudson Street

The Flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, sometimes even death. Doctors say that the best prevention is getting a flu vaccination each fall. Every year, about 10% to 20% of the U.S. population gets the flu. That means about 36,000 Americans die each year from influenza and more than 200,000 have to be admitted to the hospital.

Anyone who wants to reduce the chance of getting the flu can get vaccinated. However, certain groups of people should get a flu shot each year. They are either people at high risk of having serious flu complications or people who live with or care for those at high risk including:

- People ages 65 years and older, with and without chronic health conditions
- Residents of long-term care facilities
- People ages 2–64 years with chronic health conditions
- Children ages 6–23 months
- Pregnant women
- Health-care personnel who provide direct patient care
- Household contacts and out-of-home caregivers of children less than 6 months of age.

Residents who reside in senior housing or attend programs at senior centers may contact staff members at those facilities to arrange transportation to and from the flu clinic site. Vaccine supplies will be administered on a first-come-first-served basis while supplies last. This is a walk-in clinic and no appointments are necessary.

If you need more information about flu vaccination, please contact the Hartford Health & Human Services Department at 860-543-8800.